

## **Do you feel like you have a metallic taste in your mouth post-Covid-19?**

If you feel as if someone has dropped their leftover change from the grocery store in your mouth. This is known as Dysgeusia, also known as parageusia, which is the complete loss of taste, and hypergeusia is the partial loss of taste sensitivity.

Don't shortchange the metallic taste on your tongue. It's known as dysgeusia and could be a direct symptom of Covid-19. While some symptoms from long Covid disipate with time, this disorder can last longer. It's possible that the common cold could change your taste patterns as well. Other sources note that the SARS-CoV-2 Vaccine could also leave a metallic taste for up to weeks after your vaccination or booster shot.

Usually, a rare occurrence, a metal taste after a COVID-19 vaccine is normally short-lived. Rarely lasting beyond a few days. We recommend seeing your doctor if you present symptoms after a few days of receiving your shot.

## **Metallic Taste from COVID-19 Symptoms**

Symptoms of Covid-19:

- Loss of taste or smell
- Fever
- Chills
- Cough
- Difficulty breathing
- Fatigue
- Runny nose
- sore throat
- Vomiting
- Nausea
- Diarrhea

The metal mouth, is not the same one as in the Jame Bond movie. Usually lasts from a few days to up to months after the underlying COVID-19 condition has been treated. If your coffee losses its sweetness, that is if you have coffee with two sugars as I do. If your pretzel doesn't have the salty kick anymore. Instead, these all taste like tinfoil, or your mouth feels as if it's burning. These are all symptoms of dysgeusia.